

About Andrew

Andrew has over 10 years experience helping people with foot and lower limb problems. Also a qualified nurse and prescriber, he holds a Degree in Podiatry and also full HCPC registration that has additional annotations for local anaesthetic use and supply of some medications.

He prides himself on a friendly but professional approach to patients and offers various podiatry and other wellbeing treatments.

He regularly updates his knowledge through CPD Activities and enjoys acquiring new knowledge and skills.



The COLLEGE
of PODIATRY

Purple Podiatry

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Practice

Information

Leaflet





What is Podiatry?

Podiatry/Chiropody is the care of the leg and foot. There is no difference between a chiropodist and podiatrist, Chiropodist is the more traditional term in the UK.

HCPC (the equivalent of state registered) Podiatrists are required to update their knowledge and gain new skills on an ongoing basis to ensure their practice is current and based on up to date advice and guidelines.

If you have any questions please do not hesitate to ask.

What we can help with

Nail Cutting and Care

For patients who are not able to manage their own toe nails, those with ingrowing toe nails, or thickened painful nails, we offer podiatric care.

Hard skin/Corns/Callus

If you have hard skin/callus, corns or dry skin on your feet then these can be treated as part of routine podiatric care.

Fungal Nail Infections

If you have confirmed fungal nail infection, treatment advice or treatment with the Lacuna method can be offered.

Verruca

Verrucas are a virus and your body will fight it of, but if they are painful or problematic, treatment can be offered, ie cryotherapy (freezing), or debridement.

Nail Surgery/Ingrowing Toe Nails

If you have painful, infected ingrowing toe nails then nail surgery under local anaesthetic may be the best treatment to remove all or part of the toe nail.

Other treatments:

Diabetic Foot Assessment

We can do your annual diabetic foot check and send a copy to your GP.

Biomechanical Assessment

If you have heel pain, knee, hip or back pain, a biomechanical assessment may help. Following assessment we can advise on a appropriate management or interventions.

Acupuncture Treatments

Medical acupuncture can help with ongoing pain in any part of the body and we offer this treatment.

Sports Massage

As part of a package of care, or post injury Sports Massage helps with recovery and injury rehabilitation.